

## Hodder Valley Show Fell Race Report

**Saturday 8<sup>th</sup> September 2018**

Despite the challenging weather conditions, forty-four runners entered the fell race. The last time this course was run was about 15 years ago. However, after being resurrected, the course did not disappoint! One runner commented the route was 'brutal'! I take that as a compliment!

The field quickly spread out as a short section of road led up a steep switchback exiting Slaidburn. As the runners entered the lower meadows, members of the newly formed Ribble Valley Harriers Club quickly dominated the front of the pack. Chris Holdsworth had a clear lead at the fell gate, which grew even further on the way to the turning point on the summit of Easington Fell. Chris further extended his lead on the descent, to finish over four minutes ahead of his nearest rival. His club mate, Katie Walshaw, had a large lead against the other female racers at the summit and easily maintained this to be the first female back to the show field. Nickey Russell seemed to excel on the rough ground and took 10 places once unleashed onto the fell proper. Bowland's own Phil Martin, did a splendid job as "Lantern Rouge" whilst tackling the terrain at 75+ years of age. At the other end of the spectrum, Will Barlow was the only junior brave enough to enter the junior race and was rewarded with first place with a fast-paced time of 12:34. As is now tradition all finishers received a bottle of Bowland Brewery Beer for their efforts. We owe a huge gratitude to all the marshals and Bowland Mountain Rescue Team who assisted with the race in very wet conditions.

Steve Cox

<u>First</u>	<u>Surname</u>	<u>Club</u>	<u>Category</u>	<u>Time</u>
Chris	Holdsworth	Ribble Valley Harriers	M	41:55:00
Shaun	Livesey	Ribble Valley Harriers	M40	46:21:00
Oliver	Heaton	Preston Harriers	M	47:42:00
Chris	Barnes	Ribble Valley Harriers	M40	48:05:00
Katie	Walshaw	Ribble Valley Harriers	L	48:14:00
Darren	Fishwick	Chorley	M40	48:30:00
Sam	Green	Wharfedale	M	48:59:00
Alun	Beckett	U/A	M	50:18:00
Martin	Hurst	P&B	M	51:22:00
Brian	Shaw	Wesham	M50	51:38:00
Steve	Duncan	U/A	M	51:50:00
Tom	Smith	Bowland	M50	52:02:00
Ailish	Graham	Wharfedale	L	52:12:00
Colin	Jenning	Garstang	M40	52:39:00
Andrew	Harrison	Preston Harriers	M	52:50:00
Ben	Whitham	U/A	M40	53:04:00
James	Mellor	Darwen Dashers	M	53:58:00
Jeff	Singleton	Bowland	M	58:59:00
Paul	Mills	Holcombe Harriers	M50	55:34:00
Nickey	Russell	Bowland	L40	55:40:00
Ronnie	Turner	Rosendale	M50	55:43:00
Andrew	Priory	Clayton	M	56:11:00
Martin	Quinn	Chorley	M40	56:28:00
Peter	Saghar	Hyndburn	M50	56:36:00

Helen	Buchan	Calder Valley	L40	57:03:00
Tara	Robb	Clayton	L	57:17:00
Brian	Kennedy	Settle	M50	57:31:00
Rebecca	Havard	Settle	L	58:26:00
Mick	Brankin	U/A	M40	58:48:00
Victoria	Peel	Barlick	LU23	60:09:00
Adam	Heaton	U/A	M	60:12:00
Mark	Jordan	Harrogate	M60	60:13:00
Sarah	Sharratt	Wesham	L40	62:42:00
Norman	Bush	U/A	M70	62:45:00
Jim	Doherty	Preston Harriers	M50	64:47:00
Dave	Tait	Dark Peak	M70	68:14:00
Adam	Hamer	U/A	M	68:59:00
Jacqueline	Shaw	Darwen Dashers	L50	69:14:00
Alan	Heaton	Bowland	M60	70:29:00
Matt	Podd	Otley	M60	70:53:00
Linda	Lord	Clayton	L70	71:17:00
Paul	Sessford	KCAC	M50	75:14:00
Karen	Goss	Clayton	L70	88:19:00
Phil	Martin	Bowland	M70	100:41:00

Will	Barlow	U/A	Junior	12:34
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